

New Horizons for Women Hine Kahukura

Outward Bound Activate Course Award 2021 Sponsored by Outward Bound NZ and New Horizons for Women Trust: Hine Kahukura

Award	One award of \$3191 plus expenses*
Open	1 March to 15 April 2021
Awards advised	Mid-June 2021
Awards made	By arrangement from June 2021

*NOTE:

The \$3191 Award covers the Outward Bound course fee. Travel expenses to and from Anakiwa in the Marlborough Sounds and costs associated with completing a medical assessment are also covered for the successful applicant.

Purpose of the award

The Outward Bound Activate Course Award offers a personal development opportunity for a woman with a physical disability who is planning to return to education and / or training.

Eligibility criteria

To apply for a 2021 eight (8) day Outward Bound Activate Course Award you must meet all the following eligibility criteria:

The applicant is:

- A woman with a physical disability
- Is a New Zealand citizen or holds a resident class visa; and currently lives in Aotearoa, New Zealand
- 18+ years as at 15 April 2021
- Available to attend an 8 day Outward Bound Activate Course (course date to be confirmed with Outward Bound)
- Able to independently manage their personal care, transfers and medication
- Able to communicate verbally and have no intellectual disability
- Able to attend without a carer and have experience of spending time away from home
- Willing to go smokefree at Outward Bound if normally a smoker
- Confident in water and comfortable putting head underwater
- Willing to fully disclose all medical and criminal histories
- Has not previously received a NHWT:HK Outward Bound Award or attended an Outward Bound Course

Note: The following link will give you a general idea about this particular course:

<https://www.outwardbound.co.nz/courses/activate/>

Selection criteria

When selecting awardees, the selection panel consider the following:

- Meets eligibility criteria
- Previous achievements
- Education and/or training plans
- Rationale for receiving the award

- Personal circumstances

How to apply for an award

If you are eligible for this award, please complete the online application form between 1 March and 15 April.

Outward Bound Activate Course Award 2021

Applicants must apply online using the online application form. (Do not use this document to apply). If you are uploading documents, file size is limited to 20mb. Please keep a copy of your answers, in case you need to re-enter them for any reason.

When you apply online, you will need to answer the following questions:

Applicant contact details

Next of kin contact details

Check that you meet all eligibility criteria for Outward Bound Activate

Indicate any dietary requirements and relevant medical information

Tell us about your key achievements to-date e.g., education, employment, community roles, leadership opportunities.

Provide the name and contact details of someone who would be a referee for you i.e. someone who could validate the non-academic aspects of your application (not a friend or family member)

Outline your proposed future education and/ or training plans (maximum 250 words).

How would doing the Outward Bound Course assist you to achieve your education and/or training plans?

Describe any personal circumstances that you would like the selection panel to consider as part of your application. These could include your living situation, number and ages of children, any health/disability challenges

Have you previously received a NHWT:HK award? If so, what was it and what year?

Are you applying for a different NHWT:HK award this year? If so, which award/s:

Have you received any other funding for this project? If, so please provide more information:

Terms & conditions 2021

The following terms and conditions apply:

- Applicants must apply online using the online application form
- Incomplete or late applications will not be considered.
- The selection panel's decision is final.
- Applicants must submit an application to be considered for the award.
- Applicants may apply for more than one kind of award, but only one award will be given to any one applicant.

Outward Bound and NHWT:HK reserves the right to not offer an award.

If you receive an award we require you to do the following:

- Comply with the conditions of this Award.
- Undertake the activity for which the award was granted.
- Allow Outward Bound to use your name, comments and images (video footage or photographs) that are obtained in relation to your Outward Bound participation and to disclose this information to third parties for marketing and public relation purposes; these materials will remain the property of

Outward Bound (unless you need confidentiality for personal reasons)

- Allow NHWT:HK and the award sponsor to use your name, photograph and information about you for publicity purposes. If you require confidentiality for personal reasons, please email NHWT:HK.
- Agree to Outward Bound forwarding your course report to NHWT:HK as a co-sponsor of your award
- Receive the award at a NHWT:HK awards ceremony in July-August
- Provide a progress report and photograph to NHWT:HK in the year you attend the course
- Provide NHWT:HK with up-to-date contact details while you are preparing to undertake the course
- To immediately notify the New Horizons for Women Trust: Hine Kahukura of any change in your health, fitness, or other circumstances of relevance, that affect your ability to meet the Award criteria

Failure to comply

- In the event it can be established that you are not complying with these conditions and requirements, NHWT:HK may terminate the Award and require you to fully or partially repay the Award money.

Please note:

- NHWT:HK records all applicant contact details to enable communications about future awards.
- For unsuccessful applicants, the other information in the application is deleted from our system after the awards have been decided for the year. We can't discuss the reasons for the decisions made by the selection panel.
- We store the application and progress reports of successful applicants for 5 years.
- Outward Bound has permission to contact you by email, including a regular e-newsletter and other updates.
- Your personal information will be held confidential to Outward Bound in accordance with the Privacy Act (1993) for the purposes of Outward Bound courses and associated administration, including promotional activities.
- You have the right to see all information held by Outward Bound and may ask at any time for that information to be corrected.

Health, Safety and Well-Being

- Your safety and welfare is Outward Bound's primary concern, however you do participate at your own risk and there are times without direct staff supervision. Outward Bound courses are designed to be mentally, emotionally and physically challenging with long days and a good night's sleep not guaranteed. Activities occur in all weather conditions and can include off-track tramping, camping (sometimes alone), kayaking, running, sailing, swimming, rock climbing and high-ropes.
- Although Outward Bound has procedures in place to minimize risk, none of these risks can be completely eliminated. When undertaking any activity, you will be briefed on the risks and how to manage them. There is a chance you could get a cold, stomach illness, blisters, sunburn, exhaustion, wasp stings, infected cuts or insect bites, sprains, or some other injury, and may be asked to sit out certain activities.
- There have been no major life changing injuries at Outward Bound in over 10 years, however serious risks can never be completely eliminated. These include injury from falling, drowning, burns, hypothermia, heat stress or road accidents. To reduce the likelihood of a serious accident, we have a robust externally audited safety management system, which includes trained staff, up-to-date weather forecasts, robust communication protocols, modern equipment, and emergency procedures.

Smoke, drug and alcohol free

Outward Bound has a strict no-smoking policy. No alcohol or non-prescription drugs are permitted.

Medical form

Your Outward Bound medical form must be completed by a medical doctor no more than 90 days before your course, and returned 8 weeks before your course starts.

Confirmation of your enrolment is subject to approval from both your doctor and Outward Bound. This is to ensure your safety, the safety of others, and quality course outcomes for all.

Personal Declaration

- In accepting this award, I acknowledge I have read and accept the terms and conditions as stated

above.

- In accepting this award, I verify I meet the eligibility criteria and that all information in this application is correct.
- I am willing to fully participate in my course, comply with all instructions, and respect others, their beliefs and belongings
- I understand that, to the maximum extent allowable by New Zealand law, Outward Bound is not liable for any injury, damage, delays, or other additional costs that I incur.
- I understand that, except as expressly permitted by law, if I give false information, withhold relevant information, or do not advise of any new relevant information, and that if I do not comply with the above terms and Conditions, my enrolment may be cancelled or I may be sent home from my course at my own expense.

Sponsor information

Outward Bound

Outward Bound partners with community organisations to facilitate and fund people to participate in their life changing courses who would not be able to attend otherwise. In 2017 Outward Bound entered a partnership with New Horizons for Women Trust: Hine Kahukura to jointly sponsor women to attend their courses each year. One place is for a younger woman to participate in a Classic 21-day course and the other is for an older woman to attend the week long Discovery course. In 2021, an Activate course is also offered for a woman with a physical disability. Additionally a co-sponsorship agreement between PSA, Outward Bound New Horizons for Women Trust: Hine Kahukura has led to the PSA Outward Award offered for the first time in 2021. The sponsorship for all 4 awards covers the course cost, travel to and from the course and a medical examination prior to the course. Appropriate clothing and equipment to undertake the course is the responsibility and at the expense of the awardee. For more information go to <https://www.outwardbound.co.nz/>.